Principal’s Report

What a wonderful week we have had at Trinity celebrating Catholic Schools Week. This week at Trinity the students celebrated Catholic Schools Week by participating in a range of activities. On Monday, Trinity celebrated with a school liturgy at St Mary’s Church Murrumburrah reflecting on Catholic Schools Week and the Year of Mercy and how we can show Mercy to others through MJR. This was followed by a shared lunch with parents, grandparents and special friends. We really enjoyed welcoming our special guests to the liturgy and lunch. Thank you to our wonderful Trinity parents who supplied a plate of food on the day, we really appreciated your support.

On Tuesday, Year 5 and 6 students travelled to Sacred Heart Cootamundra and attended the Western Region’s Mass. This Mass was a special gathering with the students from Sacred Heart Cootamundra, St Joseph’s Boorowa, St Patrick’s Gundagai, St Mary’s Young and Hennessy Young. The students and teachers enjoyed the Mass and appreciated the opportunity to come together to witness their faith with our neighbouring catholic schools and share lunch and play together.

On Thursday, the Year 3 and 4 students will be travelling to Canberra to visit Years 3 & 4 students at our sister school, Holy Trinity Curtin. This is an annual event whereby either Holy Trinity visit Trinity Murrumburrah or Trinity Murrumburrah travel to Holy Trinity. Thank you to Mrs Judy Spence, Principal of Holy Trinity for making this possible and for continuing this wonderful partnership.

This Friday, the Year 4 students will be participating in the Sacrament Reflection Day to be held at St. Anthony’s Church, Harden. This day will culminate the many weeks that the students from Trinity and the Parish school of religion have spent, preparing for the Sacraments of Reconciliation and first Eucharist. We congratulate the students making these very special Sacraments and their families for supporting them all throughout the program. Please keep these students and their families in your prayers over the next few weeks as they conclude their preparation time in readiness for the reception of Reconciliation on March 15 and First Eucharist on Sunday March 18. We hope you will support the students receiving their First Eucharist by attending the Mass at St Anthony’s and bringing your family along to this very special celebration.
Next Monday is the annual Trinity Cross Country carnival. We would love to see you all come along to the carnival and see your children participate. If you would like to assist on the day your support would be appreciated. Please contact Rebecca Cooper who is the Trinity Sports Coordinator.

Next Tuesday I will be attending the annual Year 6 camp along with Clare Carroll and the Year 6 students. We are all eagerly awaiting the camp and it is a wonderful opportunity for everyone to become better acquainted and to build upon the firm friendships the students have already formed and value., whilst engaging in a range of rich curriculum experiences in an outdoor setting. We are very fortunate to have such a wonderful facility so close to home which enables parents to attend. Thank you to Rebecca Cooper for all her hard work with the organization of the camp.

Last week I attended the Principals’ retreat at Bowral. This retreat was an invaluable opportunity for me to meet with all the other Principals’ and some of the CE staff and to reflect on my faith and the Year of Mercy. The retreat was conducted by Archbishop Christopher (Archbishop of Canberra-Goulburn Diocese).

God Bless

Marylou Gorham

Reconciliation and First Eucharist Candidates

Please keep our Reconciliation and First Eucharist candidates in your prayers as they begin final preparations to receive their Sacrament of Reconciliation on Tuesday 15th March and the Sacrament of First Communion on Sunday 20th March.
Blessed are the merciful…’

While searching the internet for a resource I came across the ‘Lent Prayer’ which I thought is a very powerful personal prayer and reflection as we draw towards the end of Lent.

On Thursday 24 March at 2.00pm we will celebrate the events of Holy Week with Prayer and Reflection on John’s Gospel, prepared by Year 3/4. This will be followed by students in 5/6 leading us in a prayerful response to the Stations of the Cross. On Tuesday after Easter K,1 and 2 will lead us in a joyful celebration of Christ’s resurrection.

Please continue to pray for the children preparing to make their First Reconciliation next Tuesday evening and their First Communion on Sunday 20 March. This is a very special time for the children and their families. We also pray for their classmates who support them in their preparation and who join with us at St Anthony’s on Friday for the Reflection Day.

Thank you to the families who have offered to help with singing for the First Communion.

Lent Prayer

Lent should be more than a time of fasting. It should also be a joyous season of feasting. Lent is a time to fast from certain things and to feast on others. It is a season to turn to God. Fast from judging others; feast on the goodness in them. Fast from emphasis on differences; feast on unity of all life. Fast from apparent darkness; feast on the reality of light. Fast from thoughts of illness; feast on the healing power of God. Fast from words that pollute; feast on phrases that purify. Fast from discontent; feast on gratitude. Fast from anger; feast on patience. Fast from pessimism; feast on optimism. Fast from worry; feast on divine order. Fast from complaining; feast on appreciation. Fast from negatives; feast on affirmatives. Fast from unrelenting pressures; feast on unceasing prayer. Fast from hostility; feast on non-resistance. Fast from bitterness; feast on forgiveness. Fast from self-concern; feast on compassion for others. Fast from personal anxiety; feast on eternal truth. Fast from discouragement; feast on hope. Fast from facts that depress; feast on truths that uplift. Fast from lethargy; feast on enthusiasm. Fast from suspicion; feast on truth. Fast from thoughts that weaken; feast on promises that inspire. Fast from shadows of sorrow; feast on the sunlight of serenity. Fast from idle gossip; feast on purposeful silence. Fast from problems that overwhelm; feast on prayer that supports.

Blessings on your week
Helene Boller
STUDENT OF THE WEEK
AWARDS

Kinder: Zoe Lenehan & Aidan Summerfield
Year 1/2: Angus Oldfield & Talia McKay
Year 3/4: absent
Year 4/5: absent
Year 6: Maddison Johnson & Angel Leitner

PENDING EVENTS TO NOTE ON YOUR CALENDER

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Location/Requirements</th>
<th>Start Time</th>
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<tbody>
<tr>
<td>Friday 11th March</td>
<td>Eucharist Retreat Day</td>
<td>St Anthony’s Church</td>
<td>All day</td>
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<tr>
<td>Monday 14th March</td>
<td>Trinity Cross Country</td>
<td>Trinity School Grounds</td>
<td>9.30am</td>
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<tr>
<td>Tuesday 15th March</td>
<td>Sacrament of Reconciliation</td>
<td>St Anthony’s Church</td>
<td>7pm</td>
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<tr>
<td>Tuesday 15th – Friday 18th March</td>
<td>Year 6 Camp</td>
<td>Borambola</td>
<td>Leaving at 9:30am returning at 3pm</td>
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<td>Thursday 17th March</td>
<td>Easter Hat Creations</td>
<td>Parent helpers in K-2 classroom</td>
<td>2-3pm</td>
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<tr>
<td>Thursday 17th March</td>
<td>St Patrick’s Day Mass</td>
<td>St Mary’s Church</td>
<td>9:30am</td>
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<td>Friday 18th March</td>
<td>Year 1/2 Open House</td>
<td>Father Keogh Hall</td>
<td>2:30pm</td>
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<td>Sunday 20th March</td>
<td>Sacrament of First Communion</td>
<td>St Anthony’s Church</td>
<td>10am</td>
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<td>Monday 21st March</td>
<td>Brumby Jack training day K-6</td>
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<td>All day</td>
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<tr>
<td>Monday 21st March</td>
<td>Nursing Home visit with Easter Hats</td>
<td>K-2</td>
<td>2-2:45pm</td>
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<tr>
<td>Tuesday 22nd March</td>
<td>Bully is back Pt. 3</td>
<td>Trinity School</td>
<td>2pm</td>
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<tr>
<td>Thursday 24th March</td>
<td>Passion Play</td>
<td>Sacred Heart Cootamundra</td>
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<tr>
<td>Thursday 24th March</td>
<td>Holy Week Liturgy</td>
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<td>2:00-3:00pm</td>
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<td>Friday 25th March</td>
<td>Good Friday (Public Holiday)</td>
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<td>Monday 28th March</td>
<td>Easter Monday (Public Holiday)</td>
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<td>Thursday 31st March</td>
<td>Kindergarten Open House</td>
<td>Fr Keogh Hall</td>
<td>9:30am</td>
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<td>Tuesday 5th April</td>
<td>WR Cross Country</td>
<td>Adelong</td>
<td>All day</td>
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<tr>
<td>Friday 8th April</td>
<td>Performing Arts Concert</td>
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<td>12noon</td>
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Kinder: Zoe Lenehan & Aidan Summerfield
Year 1/2: Angus Oldfield & Talia McKay
Year 3/4: absent
Year 4/5: absent
Year 6: Maddison Johnson & Angel Leitner
Trinity Sports Report

Mon. 14/3 School X Country held here at school beginning at 9:30am

Kinder run 500m
Year 1 run 800m
Year 2 run 1km
Year 3 and 4 run 2km
Year 5 and 6 run 3km

Emily and Hugh take on a challenge at the MacKillop Tennis and Cricket Trials

Emily and Hugh recently competed at the MacKillop Tennis and Cricket Trials.

Emily commented that it was a new experience, the competition was tough but rewarding and she felt very proud of herself for making it that far.
We congratulate Emily on her efforts!

Hugh commented that it was a great experience, he didn’t go as well as he had hoped and that the competition was fierce!
Congratulations Hugh on your achievements!

Congratulations to all our students that participated in the Archdiocesan Winter Trials on Monday.
Katie-Rose, Eliza, Angel, Jesse, Sam, Harrison and Patrick headed to Queanbeyan and Canberra and competed in the netball, soccer and rugby league trials. A great day was had and the students all came up against lots of really tough competition.
Congratulations to Sam and Harrison on their selection into the Senior Boys Canberra Goulburn Archdiocesan RUGBY League team. The boys now head to Canberra on the 6th May to compete against other dioceses with NSW.

Congratulations to Corey for his selection in the Senior Boys Canberra Goulburn Archdiocesan Soccer team. Corey will head to Canberra soon to compete against other dioceses within NSW.

We wish Sam, Harrison and Corey all the best of luck competing with the Canberra Goulburn Archdiocese and look forward to hearing all about their experience on their return.

Rugby League Gala Day:
41 of our Yr 3-6 students headed off to Robert’s Park on Wednesday to participate in a fun gala day. Students took part in League Tag as well as modified Rugby League. A fun day was had by everyone involved and our students displayed great sportsmanship. Thank you to Leanne Davis for washing all the boys football jumpers and to our parents and to our parents and teachers for their support on the day.

Parents please note: All students require labelled drink bottles to be brought into school on a daily basis. A part of our sip and crunch program incorporates the sipping of water throughout the day as well as fruit and vegetable snacks for our “Brain Break” @ 10am every morning. Please remember to pack a drink bottle and brain break snack for your child/ren EVERY day.

Congratulations Kurtis!

Kurtis was baptised on Saturday 5th March at the Sacred Heart Church in Cootamundra.
We wish Kurtis all the best and will be keeping him in our prayers in the lead up to his Reconciliation and Communion.
News from the Canteen

This year the menu from the canteen will be undergoing a slight change. We will be gradually phasing out most of the lollies (we will still keep a small range) and replacing it with fresh fruit/veg and other healthier options. The “fresh” menu will be rotated as, due to a short shelf life, we are unable to keep a large variety. Some of the options will include:

- Fruit cups $1
- Yoghurt with strawberries $0.80
- Fruit “rockets” $0.80
- Dip with carrot sticks and rice crackers $0.80
- Mini quiche $TBA
- Pin wheels $1 for 3
- Mini salad cups $1
- Soups $TBA
- Lasagne $TBA
- Celery sticks with cottage cheese or peanut butter. $TBA

If you have any suggestions or recipes for healthier options I would love to hear from you. You can email me on jennifer-cliff@hotmail.com or 0458788425. Alternatively, if you have any recipes your child loves feel free to drop them in at the front office.

Make sure you check the newsletter for the weekly “fresh menu”.

Thankyou

Jennifer McKay

In the canteen this week we have watermelon slices $0.30 and dip/carrot stick cups $0.80. Then next week 16-18 March we will have pin wheels 3 for $1 and fruit “rockets” $0.80.